The Heroes from the Field
are the unsung heroes of their profession; those who lead by example, demonstrating the highest quality of work in their field, often without fanfare.

Mary Lou Ashur, MD
Carney Hospital
Mary Lou Ashur is an internist who specializes in treating addiction, and has been called “one of the most caring and capable doctors I’ve had the privilege to meet.”

Commandant
Michael Resca
The Chelsea Soldiers’ Home
The Chelsea Soldiers’ Home is a state-funded, fully accredited health care facility and residential home for veterans. “The care was outstanding, but more important was the respect that patients receive as veterans who fought for our country, says the daughter of a former resident.

Bruce F. Cohen, MD
Beth Israel Deaconess Medical Center
Bruce Cohen is an obstetrician-gynecologist who is regarded highly by his own staff. “I look forward to going to work every day and taking care of patients with him,” says a registered nurse who works for him.

Michael Costa, Esq.
Vice President and General Counsel
American Renal Associates, Inc.
“His dedication and commitment to his advocacy of health care providers and their regulatory compliance is unmatched,” says one colleague of Michael Costa.

Sharon Donaghue-Naumnik
Vice President, Clinical Reimbursement
CareOne and HealthBridge Management
Sharon Donaghue-Naumnik monitors the regulatory compliance of nursing care facilities in the Northeast. She is a “one-woman quality assurance program.”

Jerry Fitzpatrick, MD
Bolton Family Medicine
“Did I mention that he still does house calls when necessary?” says a friend of family practitioner Jerry Fitzpatrick. “His heart knows no bounds and I would love to see his generous heart recognized.”

Nancy E. Otovic, MD
Lahey Clinic
“I always feel fully engaged with [my doctor, Nancy Otovic],” says one patient. “She takes the time to listen compassionately and respond compassionately.”

Delia Sang, MD
Ophthalmic surgeon
Ophthalmic Consultants of Boston
“When in [Delia Sang’s] office you are put at ease from the get-go, as you know that she remembers you, your family and most importantly the problem with your eye(s) you came to her to fix,” says a patient.

Steven Schachter, MD
and William Mandell, Esq.
Beth Israel Deaconess Medical Center and Pierce & Mandell, PC
Steven Schachter and Bill Mandell worked together to write a practical manual for physicians on managing relationships with the pharmaceutical industry without getting into legal or ethical trouble.